



Traffic Safety

The Critical Days of Summer

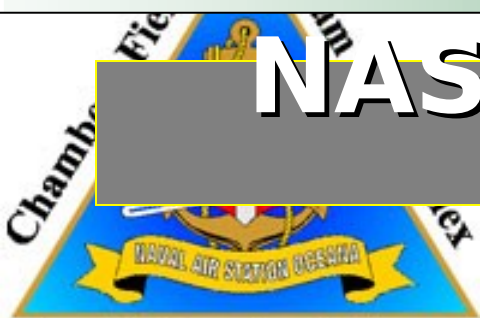


- Majority of Navy off-duty motor vehicle fatalities occur between Memorial Day and Labor Day
- Approximately 70% of all Navy accidental deaths each year are off-duty Private Motor Vehicle (PMV) mishaps
- You are far more likely to be killed in your or someone else's car than you are while serving onboard any ship, submarine, aircraft or shore station
- One out of every five Navy motor vehicle fatalities during the past several years was a motorcyclist



Navy Traffic Safety Program

- Mandated by the OPAVINST 5100.12 Series
- Applies to:
 - motor vehicle operators, passengers, pedestrians and all persons at any time on a naval station
 - active duty military at all times, both on and off duty
- Personnel in GOV operator billets
 - not authorized to operate government vehicles in a duty period unless that period was preceded by at least 8 consecutive hours off-duty
- Full time GOV operators
 - limited to 10 hours of driving time in any duty period, or
 - 8 hours if the vehicle contains explosives or hazardous materials

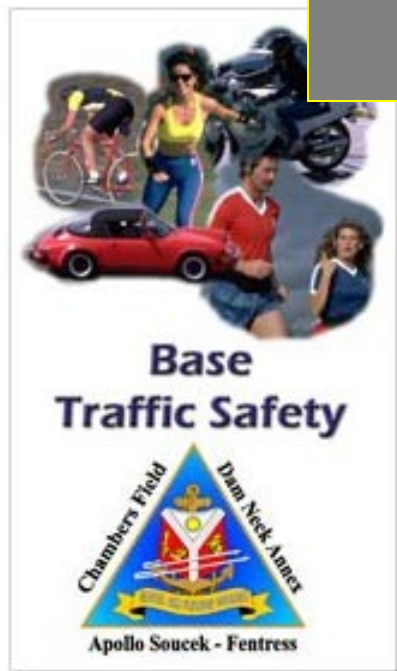


NAS Oceana Traffic Safety Program

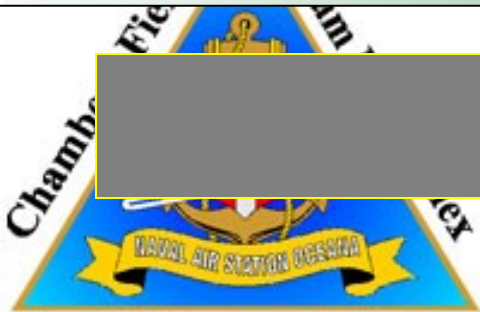
Apollo Soucek - Fentress

- Coordinated by the Va Beach Safety Storefront
- OPNAVINST 5100.12 is available at www.nasoceana.navy.mil/Safety
- Topics covered
 - Crash protection
 - Speed limits
 - Pedestrian safety
 - Motorcycle safety
 - Use of headphones and other listening devices

Base Traffic Safety



**(brochure on
website)**



Peak Traffic Hours

Apollo Soucek - Fentress

**Peak traffic periods- 0600-0800
- 1500-1700**

Peak traffic periods for **NAS Oceana apply to:**

- (a) Tomcat Blvd from Main Gate to Traffic Circle
- (b) Hornet Drive from Back Gate to Traffic Circle
- (c) 5th Street

Peak traffic periods for **Dam Neck apply to:**

- (a) Dam Neck Road
- (b) Regulus Ave
- (c) Terrier Ave
- (d) Talos St
- (e) Tarter Ave

Motorcycle Safety Program

- OPNAV 5100.12G
- Military- on/ off-base
 - Civilian/dependents/retirees/contractors
- required for base sticker
- 3- day course taught by certified safety office instructor
 - sign-up on-line
- students use their own bikes
- safety office has one loaner bike- 250 cc Honda

(details on website)



A screenshot of the Virginia Beach Safety Storefront website. The header features the text "Navy Region, Mid-Atlantic" and "Virginia Beach Safety Storefront" in a green banner. Below this, it lists the locations served: "Serving NAS Oceana, Dam Neck Annex, Naval Air Landing Field Fortness and Dare County Bombing Range". The main content area includes a "LINKS" section with a "Site Index" and a list of letters A through Z. There is also a "SUPERVISORS PAGE" and a "CONTACT US" section. A small image of a person in a hard hat is visible on the left, and a photo of a smiling woman in a helmet is on the right. At the bottom, there is a green banner with the text "Motorcycle Training Course".

Occupant Crash Protection



- Occupant crash protection is required for all personnel
- Serviceable condition
- Must not ride in position where seatbelts have been removed or inoperative



- Children under age four, weighing less than 40 pounds, shall use an infant or child safety seat
- Rear-facing Infant Restraint Systems must never be installed in front seats equipped with airbags
- Booster seats are required for younger children until they become adult-size - over 58 inches tall or weighing more than 80 pounds

Videos



Go to www.safeprogram.com/photosvids.htm to view **incredible videos** of the consequences of not wearing a seat belt.

Florida SAFE, Inc. a nonprofit organization of Firefighter Paramedics who share their real life work experiences...

Serious Moving Violations



- Personnel are issued traffic tickets resulting in fines and demerit points on state driver's licenses
- Attendance at the Driver Improvement Program (DIP) class is required if issued serious moving violation ticket
 - while driving in GOV's or PMV's, or
 - found at fault in a GOV mishap
- DIP classes conducted by the Safety Office
 - also required for all full-time GOV operator billets



Driver Improvement for Personnel Under 26

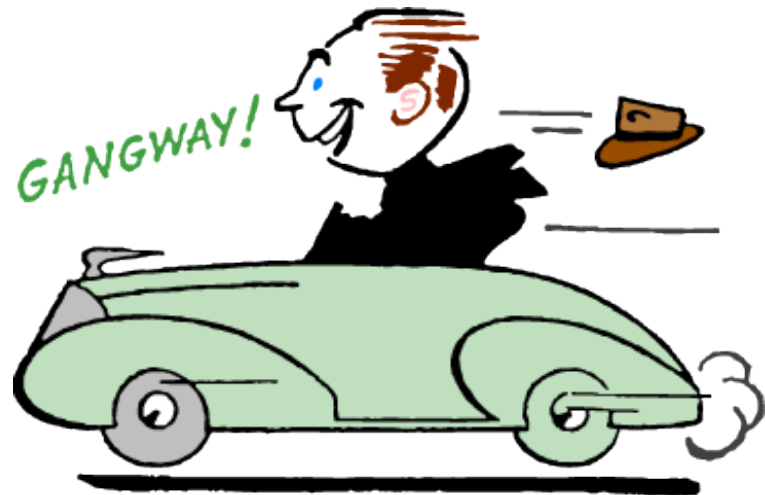
**All military personnel under 26
years of age are required to take
at least 4 hours of driver
improvement training**

Following course satisfies this requirement:

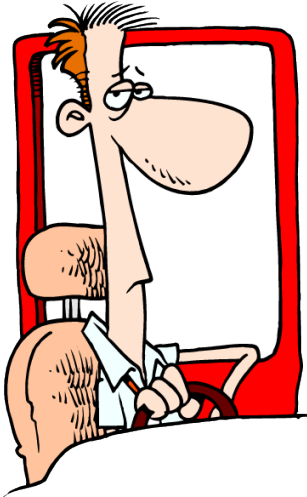
NETC Traffic Safety CD issued in JAN 2002 has four one-hour presentations that can be used

Operational Risk Management (ORM)

- Can be applied to the driving task both on and off duty
- Most of the Navy off-duty private motor vehicle fatalities occur at night and during the weekends
- Contributing factors
 - Alcohol
 - Excessive speed
 - Lack of seat belt usage
 - Fatigue
 - Poor visibility



Travel Plans



- Travel plans should not demand more than a ten-hour driving day
 - Take short breaks every hour or two and share the driving with a co-driver to reduce the effects of fatigue.

- Don't drink and drive
- The designated driver is **not** the one who drank the least
- Designated drivers don't drink at all!
 - Even sober drivers are affected by fatigue if they don't leave the bar until closing time



Supervisory Travel Counseling

(for use in counseling service members/employees prior to travel)

Have your employees planned their trips? Taking time to do this will help service members, commanders, and other leaders ensure drivers and vehicles are safe prior to departure and that the trip has been sufficiently planned (time, rest stops, alternate drivers, anticipated weather conditions) to get safely to the destination and back.

AUTOMOBILE: Is your car worthy of the task ahead? How are your brakes, wiper blades, lights, tires, horn, state inspection, etc. The **NAS Oceana Auto Hobby** facility is a complete garage with 21 stalls, 10 lifts, engine overhaul storage stands, tire changer, wheel balancing and other related capabilities. Open 7 days a week and holidays. Phone 433-3403.

WEATHER: Is there the possibility of adverse weather conditions? Yes ____ No ____

LICENSE/INSURANCE: Is service member's driver's license and car insurance coverage up to date? Yes ____ No ____

FATIGUE: The Navy/Marine Corps permits 350 miles per day for PCS or TDY travel. Off-duty drivers should plan on no more than 8 hours on the road per day. Drivers should plan for at least a 15-minute rest stop every 2 hours.

SPEED: It takes the average driver 1.5 seconds to react to a hazard. At 60 mph, it will take you almost half the length of a football field just to react to a hazard... then you have to take corrective action.

ALCOHOL: A person's blood alcohol concentration (BAC) can be well below the intoxication level and still cause impairment. For a 160-180-pound person, one beer consumed in one hour will result in a BAC of .01-.02 percent. Inhibitions will be lessened and judgment will begin to be affected. A 12 ounce beer = 1.5 ounce of liquor (80 proof) = 5 ounces of wine.

UNSCHEDULED DELAY: Does service member know procedure to follow to avoid hurrying in case of an emergency or unscheduled delay (Leave/Liberty Statement)?

Self Assessment Survey

Category	Criteria	Possible Points	Actual Points
1. Age	25 years or younger	1	
	26 years and older	0	
2. Pay grade	E-5 and below	1	
	E-6 and above	0	
3. Gender	Male	1	
	Female	0	
4. Married	Single	1	
	Married	0	
5. Driving Record	1 or more moving violations last 12 months	1	
6. Time since deployment	Deployed over 30 days and home less than 30 days	2	
	Otherwise	0	
7. Distance to travel	Less than 500 miles	0	
	500 miles thru 1000 miles	1	
	Over 1000 miles	2	
8. Incidents of Alcohol abuse	Yes- per incident	4 points each	
9. Ratio of travel days to total leave	1-4	1	
	Greater than 1-4	2	
10. Rest prior to departure	Less than 8 hours	1	
11. Hour of return to duty section	Less than 12 hours prior to next work day	1	
12. Driving alone	Yes	1	
13. Personal stressors	Marital troubles, death in family, career decision looming	1 point each	
14. Motorcycle travel	Travel by motorcycle	1	
15. Traveling during holiday periods	Yes	1	
		Total	

Resources



<http://www.nasoceana.navy.mil/Safety>



<http://safetycenter.navy.mil>



Final Note

**If you don't
supervise your own
driving, the State
Police will supervise
it for you...**

**...but they charge a
fee for the service.**

Contact the Safety Office

**Don't forget to fill out a Record of Training and maintain in your files.
A blank form can be found on-line at**

<http://www.nasocéana.navy.mil/safety/Training/rot.doc>

Oceana

- Bldg 230

- 433-2692

Dam Neck

- Bldg 585

- 492-6630

safety@nasocéana.navy.mil

**[www.nasocéana
.navy.mil/safety](http://www.nasocéana.navy.mil/safety)**